

Exercise Aids

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Battle Creek® Equipment

Pedlar® Light Workout Exerciser

- Improves cardiovascular health, range of motion, muscle tone and strength in arms or legs
- Adjustable resistance to gradually build endurance
- Doesn't jar painful arthritic joints
- Durable chrome finish and sturdy steel frame
- Convenient, compact unit comes fully assembled

Mfg #	CIN
315	2256345



Carex Health Products

Carex® Overdoor Halter Traction Set

- Designed to provide head traction when prescribed by a physician
- Includes a water weight bag, a cervical spreader bar, a nylon braided rope, an overdoor traction clamp and an adjustable hook-and-loop halter
- Complete kit for use at home

M

Mfg #	CIN
P551-CO	1760362



Duro Med Industries

Exercise Pulley

- Designed to exercise upper body extremities easily and safely
- Helps increase range of motion in arms while stimulating muscles
- Easily fits over most standard doors

S

Mfg #	CIN
2030-0000	3210929



Hygenic Corporation

Parabath® Paraffin Bath

- Ideal for treatment of pain from arthritis, strains and sprains

S

Product	Count	Mfg #	CIN
Parabath® paraffin bath	1	24050	3037801
Parabath® paraffin refill	6	24130	3037819



Hygenic Corporation

Thera-Band® PRO Series SCP™ Balls

- Premium balls combine security, comfort and performance
- Provide a fun, yet challenging, exercise opportunity for everyone, from children to seniors
- Recommended by physical therapists for strengthening and toning the abdomen, back, chest, arms, thighs and legs

Color	Size	Mfg #	CIN
Yellow	45cm	23015	4067930
Red	55cm	23025	4067948
Green	65cm	23035	4067955
Blue	75cm	23045	4067963



Hygenic Corporation

Thera-Band® Hand Exercisers

- Help to strengthen grip and increase dexterity and mobility
- Variable resistance training for hands, fingers and forearms

Color	Resistance Level	Mfg #	CIN
Yellow	Extra soft	26020	3029535
Red	Soft	26030	3007267
Green	Medium	26040	3007283
Blue	Firm	26050	3007309
Black	Extra firm	26060	3007150



Hygenic Corporation

Thera-Band® Resistance Bands and Tubing

- Portable and versatile with virtually unlimited uses
- Endorsed by the American Physical Therapy Association (APTA)
- Packaged in retail clam shell

Color	Resistance/Type	Mfg#	CIN
Yellow, red, green	Light/bands	20403	4074985
Blue, black	Heavy/bands	20413	3209806
Yellow, red, green	Light/tubing	21303	4067203
Blue, black	Heavy/tubing	21313	4067229



Hygenic Corporation

Thera-Band® Accessories Kit

- Includes two exercise handles, one door anchor and an Assist™ attachment device



Mfg #	CIN
22135	3007218

Exercise Aids



Omron Healthcare

HBF-306C Body Fat Analyzer

- Handheld body fat analyzer
- Athlete mode for accurate results
- 9 personal profile memory
- Provides accurate results in 7 seconds



Mfg #	CIN
HBF-306	4006953



Omron Healthcare

HJ-150 Hip Pedometer With Single Acceleration Sensor

- Measures steps
- 7 day history lets user review a week of exercise
- Includes clock
- Batteries included



Mfg #	CIN
HJ-150	3990595



Omron Healthcare

HJ-112 Premium Pedometer With Dual Acceleration Sensor

- Measures steps, minutes, calories and distance
- Dual accelerometer sensors can be placed horizontally and vertically
- 7 day history lets user review a week of exercise

Mfg #	CIN
HJ-112	3521564



Omron Healthcare

HJ-151 Aerobic Pedometer With Single Acceleration Sensor

- Measures steps, minutes, calories and distance
- 7 day history lets user review a week of exercise
- Separately counts aerobic steps
- Includes clock
- Batteries included



Mfg #	CIN
HJ-151	3989779



Omron Healthcare

HJ-720ITC Pocket Pedometer With Dual Acceleration Sensor

- Included PC software lets user track days, weeks, months and years of exercise
- Dual accelerometer sensors can be placed horizontally and vertically
- Measures steps, minutes, calories and distance
- Separately counts aerobic steps
- Stores 7 days of information
- Includes clock
- Batteries included



Mfg #	CIN
HJ-720ITC	4027256



Zewa

TENS 502 Analog Unit

- Features 2 channels and 4 electrode connections
- Adjustable pulse rate and pulse width
- Timer: 30 min., 60 min. and continuous
- Modes: burst, constant and modulation
- Includes 4 electrodes

Mfg #	CIN
21005	3626553



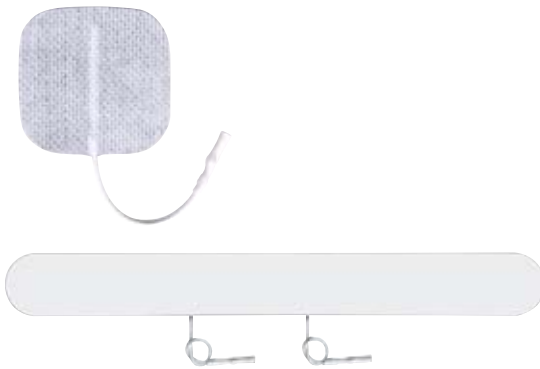
Zewa

TENS 504 Digital Unit

- Features 2 digital channels and 4 electrode connections
- Adjustable pulse rate and pulse width
- Timer: 10 to 60 min. and continuous
- Modes: burst, constant and modulation
- Includes 8 electrodes



Mfg #	CIN
21010	3626579



Zewa

TENS Electrodes



Product	Count	Mfg #	CIN
Reusable lo-back electrode	1	21053	3466976
Reusable electrodes, 2" x 2"	8	21050	3466562
Disposable electrodes	16	21054	3466992

Scales



A&D Medical

Compact Precision Scale

- Tracks weight loss and body mass index
- Accurate readings within 0.1 lbs.
- Features dual memory zones (15 memory recalls per zone)

Weight Capacity	Mfg #	CIN
330 lbs.	UC-322	3965340

Scales



Omron Healthcare

HBF-400 Fat Loss Monitor With Scale

- Measures weight, body fat percentage and body mass index in seconds
- Easy-to-read large digital display
- 4 personal profiles with previous measurement results

Weight Capacity	Mfg #	CIN
330 lbs.	HBF-400	3774304



Sunbeam Products

Health O Meter® Digital Scales

- Feature extra-large LCD
- Batteries included

Weight Capacity	Color	Mfg #	CIN
330 lbs.	Black	HDL626	4059986
350 lbs.	White	HDL761	4060026



Sunbeam Products

Health O Meter® Body Fat Fitness Scale

- Calculates body fat and hydration percentage
- 1.5" backlit LCD
- 4 AA batteries included

Weight Capacity	Mfg #	CIN
375 lbs.	BFM588	4059945



Sunbeam Products

Sunbeam Dial Scale

- Features rotating dial with large, easy-to-read numbers

Weight Capacity	Mfg #	CIN
300 lbs.	C47D01	3146750



Sunbeam Products

Health O Meter® Digital Scale

- Compact platform is easy to clean and store
- Large 0.8" display makes reading weight easy

Weight Capacity	Mfg #	CIN
300 lbs.	HDR900	3214418



Sunbeam Products

Health O Meter® Speedo Dial Scale

- Chrome bezel and pointer
- 4.75" Speedo dial

Weight Capacity	Mfg #	CIN
330 lbs.	SAB602	4059895